

# St. Joseph High School



## 2018-2019 Student Athlete/Parent Handbook



## Table of Contents

<b>Principles and Objectives .....</b>	<b>2</b>
Athletic League.....	2
<b>Scope of the Athletic Program .....</b>	<b>3</b>
<b>Participation Policies and Requirements.....</b>	<b>4</b>
Eligibility Requirements .....	5
Injuries.....	6
<b>Coaches, Players and Parent Policies .....</b>	<b>7</b>
General Behavior .....	7
Practice Conduct .....	8
Attendance.....	9
Withholding Participation, Suspension.....	9
Theft from School or Team .....	10
Complaints .....	10
Fundraising.....	11
Rule Violations .....	11
<b>Team Travel Rules &amp; Regulations.....</b>	<b>11</b>
Transportation & Accommodations.....	12
Dress Code .....	12
<b>Athletic Awards .....</b>	<b>12</b>
<b>News Releases and Publicity .....</b>	<b>16</b>
<b>Support Activities .....</b>	<b>16</b>
School Band.....	16
Student Team Managers.....	16
Student Statisticians.....	17
Cheerleaders .....	17



# **ATHLETIC PROGRAM**

## **PRINCIPLES AND OBJECTIVES**

At St. Joseph School, we see athletics as an extension of the academic curriculum. We strive to develop a caring, consistent, and competent athletic program to give each student the opportunity to compete in sports.

Goals:

- To safeguard educational values derived from interscholastic athletics;
- To develop qualities and virtues for Christian athletic competition;
- To foster the highest level of sportsmanship;
- To provide a safe environment which fosters physical development and a healthy competitive spirit with positive attitudes toward winning and losing; success and failure;
- To develop good citizenship traits such as self-control, self-discipline, accountability, cooperation, fairness, respect, and honesty in dealing with teammates, opponents and figures of authority;
- To teach the rules, regulations, fundamentals, and strategies of each sport;
- To have all athletes and staff respect the rules of the sport and the officials that enforce them;
- To be successful – athletics are very competitive. We do not always win, but when we continually strive to do so, we are successful;
- To continuously improve by setting goals, working hard, and striving to better oneself.

### **Athletic League**

St. Joseph High School belongs to the Big Island Interscholastic Federation (BIIF) which consists of 26 schools on the Big Island of Hawai'i. The BIIF determines the rules and regulations for our athletics department, and the Hawaii High School Athletic Association (HHSAA), oversees the BIIF and all other participating leagues in the state.



## SCOPE OF THE ATHLETIC PROGRAM

At St. Joseph School, the number and kind of sports that the school offers are based on the following considerations:

1. The number of students interested and able to participate in that sport (students should not sign up for a sport unless they are able to commit to practice and game schedules);
2. The availability of qualified coaches;
3. The availability of adequate playing facilities;
4. The availability of sufficient funds to provide necessary operating resources such as equipment, supplies, transportation and other expenses.

The following sports are offered at St. Joseph High School:

### Fall Sports

Air Riflery		Boys and Girls
Cross Country*		Boys and Girls
Volleyball		Girls

### Winter Sports

Basketball - Varsity		Boys
Basketball - Jr Varsity		Boys
Canoe Paddling		Boys and Girls
Spirit Cheerleading		Boys and Girls
Swimming*		Boys and Girls

### Spring Sports

Golf		Boys and Girls
Tennis		Boys and Girls
Track & Field*		Boys and Girls
Judo		Boys and Girls

\* = coached at Hilo High School

# PARTICIPATION POLICIES

Saint Joseph School highly recommends all students play at least one sport each school year.

## Eligibility Requirements

These requirements must be completed and received by the St. Joseph School Athletic Department prior to a student's participation.

1. *Physical Examination Form:*  
Physicals are valid for one calendar year and submission of a completed physical form is required prior to trying out or practicing in a sport. A player must have passed a physical examination not more than twelve months before the first official practice of that sport and must have his/her record on file at the school. Without a completed form on file, students will not be allowed to try out or practiced until it is provided and acknowledged by the Athletic Director or his designated representative.
2. Completed and signed forms:
  1. *Student Participation and Parent Consent, Release and Assumption of Risk form*
  2. *Student Athlete/Parent Handbook sign-off form*
  3. *Parent Athletic Pledge*
  4. *Coach-Parent Partnership*
  5. *Parent Authorization for Student Travel*
3. Proof of health insurance (submit copy of insurance card to athletic department)
4. All students in grades 9-12 were charged an Athletic Fee of \$180.00 for the 2017-2018 school year as part of the comprehensive school fees. This fee will cover the cost of equipment, league fees, officials' fees, facilities rental, transportation on Hawaii Island during each BIIF regulation season, coaches' training, etc. and will allow all high school students who have a successful tryout period to participate in up to three sports per school year. Other possible pre/post season travel expenses and uniform fees will be charged separately.
5. Parent(s)/Guardian(s) are required to attend one (1) seasonal meeting, all team meetings, and any additional meetings scheduled by the coach, or Athletic Director.



# Eligibility Requirements

## Academic Requirements

The Academic Requirements as established by the DOE, except as modified herein shall prevail.

**2.0 Rule:** Students must have earned and maintain at least a 2.0 grade point average (GPA) with no F's in a core course required for graduation or no more than 2 F's in electives in the previous grading period to be eligible for BIIF participation. If a student fails to meet academic eligibility requirements at the end of the grading period he/she will be placed on **Academic Review Status** (ARS, or academic probation). ARS is a system used to assist, track and record student athletes that fall below academic requirements.

ARS triggers grade checks enforced by the Athletic Director and Principal. ARS includes the following steps:

1. First two (2) weeks of ARS: Students on ARS should still attend try-outs and practices but cannot participate in games, scrimmages, or school-related off-campus athletic activities.
2. Weeks three (3) and four (4) of ARS: Students failing to meet the academic requirements for another two (2) weeks, will not be able to attend practices in addition to the penalties listed in provision 1. (Students may still attend try-outs)
3. Students failing to meet academic requirements at the end of an additional two (2) weeks will be dismissed from the team.

If a student becomes ineligible, the Athletic Director will notify:

- The student – in conference
- Parents/Guardians – verbally, in writing or electronically
- Teachers, advisors, deans, coaches - ineligibility list

A student will be deemed eligible with confirmation by the academic dean and the Athletic Director and above listed parties will be notified of the student's change of status.

## Age

A student is eligible if he/she has not reached the age of 19 years on or before September 1<sup>st</sup>.

## Length of Participation

A student shall have only four (4) consecutive years of eligibility after entry into the ninth (9<sup>th</sup>) grade. Entry into the ninth grade during that school year shall constitute the beginning of four consecutive years of eligibility. Upon official registration as a ninth grader at St. Joseph School, (whether or not it is at the start of the school year, or after the school year has started), that year shall be counted in determining the years of eligibility.



## **Enrollment and Transfers**

A student is eligible to participate in any given sport provided that for fall sports the student is enrolled at the school no more than fifteen days (15) after the first day of the school for fall sports; or the student is enrolled prior to the HHSAA start date for winter/spring sports; and one of the following:

1. The student is enrolled at his/her home public school; or
2. The student is re-enrolled at the first private school where he/she participated in any sport; or
3. The student did not participate in that same sport at another school during the previous and/or current school year. The enrollment deadline does not apply to students enrolling from out-of-state or inter-island schools who have a valid change of address.

## **Concurrent Participation & Outside Athletics**

Students are permitted to concurrently participate in more than one SJS sport with written approval of the Athletic Director and/or school principal. Concurrent practices in more than one sport may be permitted on the same day with written approval of the Athletic Director and/or principal. The principal's decision is final and cannot be appealed by the league (adopted by DOE 6/15/07).

Playing on an outside athletic team during the school athletic season is not in the best interest of the student athlete as it lends to the possibility of injury, fatigue, and conflicts of commitment. It is strictly prohibited.

## **Injuries**

Injuries & illness must be reported to the Athletic Director or head coach immediately. Medical Referrals by a medical doctor must be completed prior to returning to athletic participation. Please be sure all release notes signed by your medical doctor states: "cleared to participate in (name of sport) beginning on (date athlete is cleared to participate." Upon receipt of the completed medical referral the Athletic Director or a designated member of his staff will review it for accuracy and advise coaches of any limitations, or participation status of the injured/ill athlete. Without an approved medical release on file in the Athletic Department, students will not be permitted to participate in activities related to the sport.

EpiPens® & Asthma Inhalers are the only means of treatment our Athletic Director or Coach(es) are authorized to use to treat a severe allergic reaction or asthma attack. Please be sure your child/student brings the necessary emergency medications to practices, games and scrimmages. It is critical that Parents/Guardians update the SJS Athletic Department regarding emergency information (illness, phone numbers, and medical insurance information) whenever there are changes or updates.



Since St. Joseph School does not have an athletic trainer on staff, the Athletic Director will give the necessary participation clearance or limitations to coaches. The injured athlete is required to inform the Athletic Director of any medical updates immediately.

## COACHES, PLAYERS AND PARENT POLICIES

Our high school coaches are all **volunteers** and trusted with rewarding and demanding jobs. Both parenting and coaching are difficult vocations. By establishing an understanding and appreciation of each position, we are better able to respect the actions of the other and provide a greater benefit to our athletes.

### General Policies

- The coaching staff determines the roles and positions to which each player is assigned.
- Regulation uniforms and equipment are mandatory. If players forget their uniform/equipment, they will not be eligible to play in a contest. Lost or damaged uniforms will be replaced at the expense of the athlete.
- The *Parent Authorization for Student Travel* form is required prior to departure for an off-campus sporting event. The completion and submission of this form will be applicable to all travel for the entire school year, unless it is revoked in writing by the athlete's parent/guardian. The Athletic Department must have this form on file prior to the first off-campus event for each sport in which a student is participating.
- The *Permission for Alternative Transportation* form is required prior to the date of an off-campus sporting event. The completion and submission of this form will be applicable to all travel for the season of the sport specified, unless it is revoked in writing by the athlete's parent/guardian. The Athletic Department must have this form on file prior to the first off-campus event for each sport in which a student is participating. Players will not be released to ride home with an adult younger than 21 years of age.
- All injuries must be reported to the respective head coach or Athletic Director immediately.

### General Behavior (Includes Coaches/Staff)

1. **Language:** The use of profane or improper language is not acceptable. Extreme verbal outbursts show a lack of self-control and immaturity; these reflect on our school as well as the individual.
2. **Attitude:** There is an expectation that all athletes be courteous, mature, cooperative and respectful at all times. Individuals should conduct themselves with the knowledge that they, alone, are responsible for their own actions.
3. **Sportsmanship and Fair Play:** In all practice and game situations, athletes are expected to perform to the best of their abilities, within the





context of specific rules of their sport. Sportsmanship and fair play to teammates, opponents, and officials should be in the forefront of a team's basic philosophy and attitude. Shaking hands with opponents after competition is a routine procedure.

4. **Team Initiation** – Intimidation (Bullying): Team initiation often intimidates new team members by forcing them to perform acts that are deemed offensive, unsafe, humiliating, or in poor taste. For these reasons, initiation of new team members is strictly prohibited.
5. **Behavior:** The following rules are detrimental to you and your teammates and could be reason for suspension or immediate dismissal from the team whenever violated.
  - Violation of school rules (Refer to St. Joseph School Handbook)
  - Suspension or dismissal from school
  - Unexcused tardiness
  - Unwillingness to conform to rules as determined by the coaching staff, athletic department and school officials.
  - Insubordination
  - Actions and attitudes detrimental to the team

### **Practice Conduct**

- Be on time and ready to practice at start time
- Maintain a positive and team-focused attitude
- Work on weaknesses or situations that are applicable to your position at home or before practice starts
- Work at game tempo. All-out effort during practice is expected and will make game habits automatic
- Limited practice time necessitates utilizing each minute. No horseplay or unnecessary talking will be tolerated. We expect concentration and focus
- Approach techniques and situations with a positive attitude
- Cell phones are prohibited during practice and game times. Emergency use only! Advise your coach PRIOR to the start of practice if you have any special circumstances
- No visitors during practice
- Safety equipment for each sport is mandatory. Appropriate sport shoes are mandatory. Athletes arriving to practice without proper sports shoes may be asked to sit out the practice at the coach's discretion.

### **Student Pick-up**

All students must be picked up promptly after practice and games. There will be a 15-minute grace period for coaches and parents. Parents/guardians will be charged \$5.00 for every five minutes they are late (i.e. if practice ends at 8:00 p.m. and students are still waiting at 8:16 p.m. the late fee is \$5.00; at 8:21 p.m. the late fee is \$10.00; at 8:26 p.m. the fee is \$15.00, etc.). Please call the coach if you are running late.



## **Attendance**

Attendance is mandatory for both practices and games. Coaches and the Athletic Director will determine excused absences. If a player has two unexcused absences from practices in a week, he/she will not be allowed to play in the next game. Additionally, game time will be affected by absences and tardiness.

**Absence/Tardiness from Class/School:** Any athlete absent from school on the day of a game or practice will not participate in any activity for that day. Student must be present and attending scheduled class(es) for at least half of the school day. Tardiness prior to 11:00 am with a legitimate reason will allow an athlete to participate. Extenuating circumstances may alter this rule at the discretion of the Athletic Director.

If a player misses or leaves school early **due to an unexcused absence or illness**, he/she will not be allowed to practice or participate in a game that is held on that day.

**Absences/Tardiness to Practices or Games due to School Related Activities:** Absences and/or tardiness due to Saint Joseph High School academic-related activities may be excused. However, it is the responsibility of the parent/guardian and athlete to inform the coaching staff prior to the activity of at least one hour prior to the scheduled practice or game.

**Parents/Guardians Right to Withhold Child/Student from Athletic Participation**  
Parents/guardians have the right to withhold their child/student from athletic participation in practices and games. However, it is the responsibility of parent/guardian to inform the coach or Athletic Director of such an action. As a reminder, rules of participation/contract will be in force. If a player does not practice he/she will not play. Additionally, if a parent/guardian withdraws an athlete after travel arrangements have been made, the parent/guardian will be responsible to pay the athlete's share of the travel costs. Quitting a team will result in a 90-day athletic participation ban.

## **Suspension:**

An athlete suspended from school will not participate (practices/games) for the duration of the suspension. This also disallows an athlete from traveling with the team to/from an activity and/or sitting on the team bench. Suspended athletes will also face consequences as it pertains to team rules. Further disciplinary action may be enforced depending upon the nature of the suspension. This will be determined by the Athletic Director and the Principal. If an athlete is suspended and unable to travel, his/her parent/guardian will be responsible to pay the athlete's share of travel costs.



### **Quitting or Dismissal from the Team**

If an athlete quits a team for reasons that are NOT in the best interest of the team after the eligibility list has been submitted to the league office, the athlete will NOT be allowed to try out or participate in any interscholastic activity for ninety (90) school days. An athlete who is dismissed from the team will be ineligible for the same ninety (90) school day period.

If quitting the team causes the team to have to forfeit any league games a \$75.00 cancellation fee will be charged to that individual. The league charges the school for each game that is forfeited during the season. If an athlete quits a team after travel arrangements have been made, the parent/guardian will be responsible to pay the athlete's share of the travel costs.

### **Theft from School or Team**

Any athlete caught stealing will be immediately dismissed from the team. All aforementioned regulations regarding team, league, and travel expenses will apply if an athlete is dismissed for this reason.

### **Uniforms, Equipment and Other Obligations:**

Uniform purchases are made per sport for fitting/ownership reasons. At the end of the season, athletes must return all issued uniforms and equipment to the coach. Aside from normal wear and tear, the athlete is responsible for paying for any damages or loss. The cost will be the current market price for replacement. These obligations also include travel and fundraising monies due to the coaching staff. Failure to clear such obligations will result in the athlete being declared ineligible to tryout or participate in other interscholastic activities until the obligation is cleared.

### **Parties, picnics and other gatherings:**

Gatherings of athletic teams are permitted. All gatherings will be considered as part of a school function and all rules and regulations will apply.

### **Tryouts**

Tryouts, if held, are normally conducted six (6) weeks prior to the first league match. There are start dates available for each sport in the athletic department. Tryouts are not conducted for all sports unless warranted by the number of interested athletes. If a student athlete is going to miss tryouts due to a family trip during summer months, a note is required. Notes may be submitted electronically and must be received no less than seven (7) days prior to the date of the scheduled tryout. All new students attending St. Joseph school that were not aware of the start date policy will be given a tryout once school begins.

### **Special Complaints/Problems:**

Issues that affect the athletic program should first be resolved with the coaching staff. Please follow contract guidelines with regard to problem resolution. If a resolution cannot be reached, the Athletic Director will be contacted. If it remains unresolved, a meeting with all parties will be arranged with the Principal and a final



determination will be completed at an administrative level. The Principal's decision will be final.

**Team Parents/Guardians and Chaperones:**

All team parents/guardians or chaperones must follow all school rules and regulations set forth in the St. Joseph High School handbook and athletic handbook. All fundraising requests must follow school and athletic department policies. Any handouts or written notices provided to parents/guardians or athletes must be approved by the Athletic Director prior to distribution. In the absence of the Athletic Director, all handouts/notices should be approved by the Principal prior to distribution.

**Fundraising Activities**

Fundraising plays an integral role in supporting our athletic program and all athletes are required to participate. Parents/Guardians are strongly encouraged to participate and fundraising is applied to Time and Talent hours.

All fund-raisers shall adhere to SJS guidelines and procedures. All fundraiser forms must be submitted in advance and approved by the Athletic Director, Business Office Manager, and Principal prior to execution of the fundraiser.

**Violation of Rules and Regulations:**

Violating rules or regulations may result in disciplinary action depending upon the severity of the violation. Disciplinary actions include, but are not limited to, dismissal from the team, loss of awards, reimbursement of travel expenses or damages (whether or not the athlete attends/participates), school suspension, or expulsion from school.

All school rules apply to trips. In the event an athlete commits a severe rule violation that is a detriment to the team, school, and/or the athletic program, he/she shall be sent home at the parent's/guardian's expense and further disciplinary action may be taken by the Administration and/or the Athletic Department.

**TEAM TRAVEL RULES AND REGULATIONS**

While traveling, students and coaches are ambassadors of St. Joseph High School. Therefore, behavior, attitude and appearance must be exemplary at all times. All ground transportation and travel requests must be approved by the athletic department prior to the event.

Pre-season and post-season travel is the sole responsibility of parents/guardians. Regular, on-island transportation for BIIF sports is paid for by the athletic department.

All air travel, hotel and other arrangements will be organized by the Athletic Director.

**Transportation and Accommodations:**

The Athletic Director shall arrange airfare and land transportation in consultation with coaching staff.

The head coach and assistant coaches shall make arrangements for meals. The choice of meals shall be coordinated in a manner that makes it affordable for the entire group. Parents/Guardians and/or athletes should make the Athletic Director or coaching staff aware of any dietary restrictions.

**Dress Code**

Team uniform, travel shirts, or school uniforms are required. The St. Joseph School Dress Code Policy applies. The athletes' appearances should be clean and neat at all times.

**Housing/Hotel**

- All players are required to stay with the team
- Visits from outside guests will be at a time designated by coaches
- A curfew is determined by coaches and bed-checks will be conducted. Any athlete who breaks curfew, (i.e. leaving sleeping quarters without permission or "sneaking-out") will be penalized:
  - a. Athlete will be immediately dismissed from the team
  - b. Athlete will be sent home on the next available flight at the expense of the parent/guardian, or turned over to the parent/guardian, if present

## **ATHLETIC AWARDS**

**Varsity Sports**

All participants who have completed a varsity sport will be given a chenille letter. All participants will also receive a pin for the first year of participation in that sport. For each additional year, the participant will receive a gold bar pin.

**Methods of Granting Awards**

After the team is selected, the head coach will advise the team of the awards policy of the school.

After the official conclusion of the season, the head coach shall check that all uniforms and equipment are returned and that all financial matters with coaches and the athletic department are cleared before awards are granted. The coach will submit a list of athletes eligible for consideration for awards to the Athletic Director.

In order to be considered for year-end awards for varsity players, the athlete must be recommended by the coaching staff of that sport. Suspensions and detentions



will count against the athlete. When making recommendations for an award, the coach will consider the following:

- Criteria for lettering in the sport
- Practice attendance
- Conduct and attitude
- Skill level and ability to contribute to team
- Ability to follow team rules and regulations
- Academic standing

Each coach is invited to present awards at the award assembly at the end of the school year. If the coach is not available, the Athletic Director will present the awards.

### **Criteria for Athletic Letters**

The athlete must have attended 90% of all practices and games to earn a letter or pin.

### **Disciplinary Action**

The Athletic Director and coach reserve the right to deny an athlete an award when his/her conduct was considered detrimental to proper school citizenship. Any athlete who sustained a serious disciplinary action by the administration will forfeit all claims to any athletic award.

### **Injured Athletes**

Injured athletes who fail to complete the season may be considered for awards with a recommendation by the head coach. The final decision to grant an award will be determined by the Athletic Director with feedback from the coaching staff. The guidelines will be applied:

- To what extent did the athlete participate prior to injury?
- Was he/she an athlete in good standing prior to being injured?
- Did the athlete maintain contact with the team for the remainder of the season?

### **MAJOR ATHLETIC AWARDS – (St. Joseph School Awards Ceremony)**

This assembly will take place in May. All academic and athletic awards are presented at this time. Parents/Guardians, family members, and friends will be invited to attend this assembly.

At the assembly, athletic participation certificates, letters, and pins will be awarded. The following major awards will also be presented. Major Athletic Awards will be selected by either the Athletic Award Committee or the Academic Committee.

### **Senior Male & Female Athlete of the Year**

This award is given to the male and female athletes who achieved excellence in multiple sports. This award is given to a male and female senior athlete.

### **Criteria**

- Male/Female athlete deemed most outstanding in number of sports participated
- Maintained at least a 2.0 GPA
- Displayed positive attitude, conduct, and sportsmanship
- Athlete was considered in good standing throughout the school year
- Athlete received special honors and league recognitions
- Behavioral deficiencies, tardiness or detentions will apply to award consideration

### **Senior Male & Female Scholar Athlete of the Year**

This award is given to the male and female athletes who maintained or achieved excellence in athletics and academics. This award is given to a male and female senior athlete.

### **Criteria**

- Male/Female athlete deemed most outstanding in number of sports participated
- Earned a 3.5 or higher GPA with more than four (4) academic subjects for three (3) terms
- Displayed positive attitude, conduct, and sportsmanship
- Athlete was considered in good standing throughout the school year
- Athlete received special honors and league recognitions
- Behavioral deficiencies, tardiness or detentions will apply to award consideration
- The highest GPA will be used in the event of a tie for this award

### **Senior Male and Female Sportsmanship Award:**

This award is presented to the athlete who has been deemed most Inspirational and exemplifies good sportsmanship in his/her sport.

### **Criteria**

- Male/Female athlete deemed most inspirational and exemplified good sportsmanship
- Maintained at least a 2.0 GPA
- Displayed positive attitude, conduct, and sportsmanship
- Athlete was considered in good standing throughout the school year
- Athlete received special honors and league recognitions
- Behavioral deficiencies, tardiness or detentions will apply to award consideration





### **Male & Female Underclassmen Athlete of the Year**

This award is given to the male and female athlete who achieved excellence in multiple sports. This award is given to a male and female athlete in each of the ninth (9<sup>th</sup>), tenth (10<sup>th</sup>), and eleventh grades (11<sup>th</sup>).

#### **Criteria**

- Male/Female athlete deemed most outstanding in number of sports participated in each grade from nine (9) through eleven (11)
- Maintained at least a 2.0 GPA
- Displayed positive attitude, conduct, and sportsmanship
- Athlete was considered in good standing throughout the school year
- Athlete received special honors and league recognitions
- Behavioral deficiencies, tardiness or detentions will apply to award consideration

#### **Coach of the Year:**

This award is given to the Coach deemed most outstanding in the sport coached.

#### **Criteria:**

- Experience
- loyalty to the school
- responsibility and accountability
- professional conduct,
- knowledge of the game

The selection committee will consist of the Athletic Director, head coaches of all sports and the school principal.

### **League and HHSAA Champions**

Medals: Members of the league and state championship teams will be awarded medals and/or ribbons according to the BIIF Constitution and HHSAA policy awards. St. Joseph High School student-athletes that become state qualifiers will receive a certificate and/or a medal or trophy.

### **Outstanding Athletes Awards**

#### **Criteria:**

The nomination for sport-specific awards will be submitted by the athlete's respective head coach(es), and assistant coach(es), and submitted to the Athletic Director.

1. Most Valuable Player
2. Coaches Award



# NEWS RELEASES AND PUBLICITY

## **Sport Articles**

All players and parents/guardians should be reminded that coaches DO NOT write the articles in the newspaper. The sports writers will form their own opinions about who contributed in games. Many times, a comment from a coach will be in quotes. These articles are a normal occurrence in high school athletics and coaches should not be held responsible if articles do not include all the names of the competing team.

## **SUPPORT ACTIVITIES**

Student Team Managers and Statisticians can fulfil the requirement of playing a BIIF sport with approval of the Athletic Director. All athletic rules and regulations apply to these positions.

## **ATHLETIC HEALTH CARE SPECIALIST**

St. Joseph High School does not have an Athletic Trainer at this time. We have volunteer medical professionals at most competitions.

## **SCHOOL BAND**

Although not under the direction of the St. Joseph Athletic Department, the St. Joseph Band provides a support function for the Athletic Department. The band shall:

- Play at pep rallies and games whenever possible
- Be granted free admission at all St. Joseph School sporting events

## **STUDENT TEAM MANAGERS**

Student team managers are valuable assets to the athletic program. In addition to the following duties, the head coach or Athletic Director shall assign specific duties to the team managers.

Student team managers will be held to the same academic and disciplinary eligibility as student athletes. Student team managers who are in the 7<sup>th</sup> & 8<sup>th</sup> grades are not allowed to travel with teams off-island.

Student team managers are required to wear a designated school uniforms or team shirts at all school or team functions.

### **Criteria**

- Maintain academic eligibility as well as disciplinary eligibility as team managers
- Wear appropriate uniform shirt designated by coach or Athletic Director
- Care for all equipment and supplies

- Make water jugs and cups available for teams
- Know the method of keeping score and basic rules of the game
- Return all equipment, assist with doors and cleaning of locker room area
- Follow all directives from the head coach, assistant coach, and Athletic Director

## **STUDENT STATISTICIANS**

### **Criteria**

- Attend all games
- Maintain academic eligibility as well as disciplinary eligibility as team managers
- Wear appropriate uniform shirt designated by coach or Athletic Director
- If required to keep score at games, know the method of scoring and the basic rules of the specific sport
- Keep all statistics as outlined by the head coach
- Keep the file records and submit records to the head coach at the conclusion of the season

## **CHEERLEADERS**

As an integral part of the Athletic Department, the cheerleaders (though not a BIIF sanctioned sport) are governed by rules and regulations in this handbook.

### **Criteria**

- Abide by the rules and regulations of the cheerleading squad
- Assist in setting up a pep squad
- Pay for the cost of uniforms
- Be responsible for any equipment issued by the Athletic Department
- Meet qualifying standards for travel as set by cheer advisor/coach
- Abide by players code of ethics and display good sportsmanship at all home and away contests
- Participate in pep rallies, assemblies and attend home/away games
- Generate school spirit by drawing posters and informing student body of sporting events
- Build school morale by making cheering paraphernalia available to students;
- Represent school with pride and dignity
- Perform half-time routines

